

What is the NDIS?

The National Disability Insurance Scheme, called the NDIS, is changing the way people with disability will get care and support. It lets people decide what they need to be more involved in community and everyday life

- It is a new way of providing support for people with disability in Australia.
- It is a national scheme, so it will be the same for people all over Australia.
- People and their families or carers will have more choice and control over getting the supports they need.

The NDIS logo looks like this:



You can Contact the NDIS by:

Phone: 1800 800 110

Website: www.ndis.gov.au Email: enquiries@ndis.gov.au

The NDIS is also on social media search NDIS

What is Choice and Control?

Choice and control is about people with disability, having control over the course of their lives, including the flexibility to make decisions about the disability services and supports they use.

Under the NDIS this means decisions around things like:

- the type of supports and services used
- who provides them
- how they are designed and provided
- how resources are able to be used
- how the funding is managed







Making friends and getting about in my community



Doing things day to day and learning new things





Where I want to live and with whom



My health and well-being



What I want to do during the day

My life now

When you are making your plan, it will be important to think about what is happening in your life now.

Think about the picture to the left and write or draw below some things you do now:







Making friends and getting about in my community



Doing things day to day and learning new things





Where I want to live and with whom



My health and well-being



What I want to do during the day

What I Want My Life To Be

When you are making your plan, it is also important to think about what you want for the future and how the NDIS might be able to help you achieve this.

Write or draw in the space below some things you want in the future:



The Pathways to the



National Disability Insurance Scheme (NDIS)



Reasonable and Necessary Supports

The NDIS is a new way to help people with a disability get care and supports that are Reasonable and Necessary.

- Reasonable means something that is fair
- Necessary is something you must have

What is Reasonable and Necessary for you?

- Join in the community, such as getting to the footy or a community group
- Be more independent, such as changes to your house or car
- Get services, such as transport, or in home care
- Get equipment you need, such as a wheelchair

The NDIS does not pay for things that are not related to your disability e.g. food, electricity, or for other services already paid for by other parts of the government. For example x-rays are already paid for by Medicare

Community and specialised supports

When making your plan, it's important to think about:

- What help I get just in my community?
- From my friends and family?
- What's already here that I've got that's working?

We look to community first and if we have looked at all options then we start to look at specialised support.

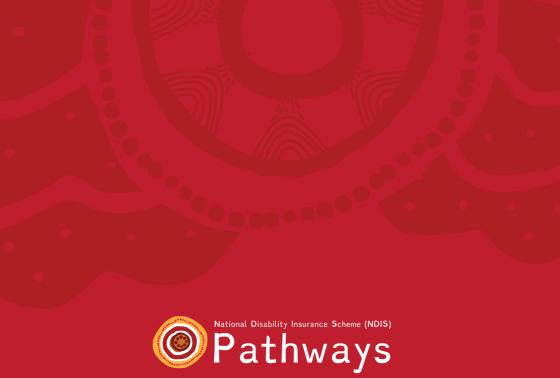
Managing my plan

Once you have had your planning conversations and have agreed on your NDIS plan, you can choose where you buy the supports that you need.

You can:

- access mainstream and community supports,
- choose your support providers,
- choose to change providers,

and consider how your specialised supports fit best with those provided by family, friends and other carer.



The purpose of this program is engage with rural and remote communities across Queensland by enhancing the knowledge of people with disability, their families and carers, the disability workforce and service organisations during the transition to a NDIS.

To Contact the NDIS Phone: 1800800110

For more information or questions in relation to this program or to join the network, please contact:

Phone:07 3252 8566 Email: qdn@qdn.org.au Web: www.qdn.org.au





