

ATSIDNQ

Aboriginal and Torres Strait Islander Disability Network of Queensland

Edition 9 - December 2016

What a year!

2016 has been a big year for us, our members and the NDIS in Queensland.

The NDIS started in Townsville, Palm Island and Charters Towers with some of our members transitioning to NDIS, so its been great to gain their feedback.

Our team of Mel, Barry, Christine, Nilisa, Jo, Ros and Lindy have traveled thousands of kilometers, across Queensland and met so many incredible and passionate people.

You joined us on our travels at conferences, meetings and morning teas and talked to us about some of the issues that matter most to you.

We've passed a mark of more than 500 members, which means you're spreading the word, connecting more with each other and most importantly sharing with us your thoughts, goals and issues to take to government and policy makers.

Keep your feedback, comments and support coming in in 2017 so we can continue to grow the Network bigger and stronger.

ATSIDNQ TEAM

Aboriginal and Torres Strait Islander people are warned this document may contain the images and names of people now deceased.



Human Rights Award

Pat Anderson, a tireless advocate for the rights and welfare of Aboriginal and Torres Strait Islander people, has won the prestigious 2016 Human Rights Medal.

As Chair of the Lowitja Institute and co-chair of the Prime Minister's Referendum Council, Pat Anderson has made an exceptional contribution to advancing the rights of Aboriginal and Torres Strait Islander peoples, particularly in regards to education, health, early childhood development, and violence against women and children.

Congratulations Pat, keep up the good work!

Get to know our team

Name: Lindy Harland

Where and who do you live with? In Townsville with my husband and our two year old daughter.

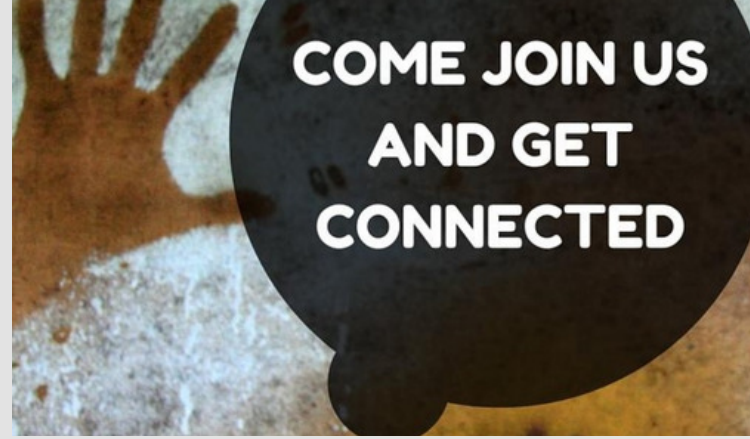
Favourite food: I love food (too much!) so it's so hard to pick a favourite but if I had to, I would say crunchy hot chips with a side of gravy!

Favourite movie: I love anything that keeps me in suspense and anything with music and dancing.

Hobbies: Sewing, art and Latin dance.

Travel: I love to travel and see new places, try different foods and experience different cultures. My husband is from Malaysia so we've done lots of travel around Asia, as well as Europe and New Zealand. We've travelled and lived in Arnhem land, Tiwi Islands and the Kimberlies. My favourite place in the world is Cape Arnhem in Arnhem land, such spectacular, magical and pristine country.

Why are you here? I have a passion for social justice and equality for all. I will be happy when all minority groups have an equal playing field, when it comes to opportunities in life. Working for ADA Australia and ATSIDNQ fuels my passion.



Get connected

Want more information about the Network?

Check out our website www.atsidnq.com.au

Call: 1800 718 969

Email: info@atsidnq.com.au

PLEASE ENSURE YOU UPDATE YOUR
DETAILS IF YOUR ADDRESS OR
CONTACTS CHANGE

Like us on Facebook and help spread the word! "Aboriginal Torres Strait Islander Disability Network QLD"

Share your member story

We would love to hear from you about your Life's Journey or about anything you would like to share, so members can get to know each other in these newsletters. To say thank you, we have fantastic towels to give to any member that shares their story with us in the New Year. One of the fantastic designs can be seen below. Call us on 1800 718 969..



In the Community

We have had some yarning groups catch up in Brisbane North, Brisbane South, Mackay and Bowen recently.

Along with the cuppa and treats we were able to share some NDIS readiness information with members face to face, (thanks to David from Mamre and Lyn from Carers Qld).

It was also a good opportunity in Brisbane to connect with Losalini from the Commonwealth games who is seeking volunteers for the event. If you are interested, please see flyer.



Shape the Games

The Gold Coast 2018 Commonwealth Games (GC2018) is a once-in-a-lifetime opportunity for you to volunteer at the biggest multi-sport event to take place in Australia this

decade. Come shape the Games that will see the very best athletes from 71 Commonwealth nations and territories descend on the Gold Coast across 11 exhilarating days in April 2018.

We need you!

We need 15,000 enthusiastic and passionate people across a variety of different roles to shape the Games and deliver a great experience for our 1.5 million spectators and 6,600 athletes and officials.

Important Info

- Applications open in February 2017
- You must be 16 years old at the point of application
- You must be available to volunteer from 4 – 15 April 2018
- To be kept up to date, register your interest or for further details visit GC2018.com

Mark Grant, Volunteer, Brisbane 1982 Commonwealth Games and Sydney 2000 Olympics

"Be involved in an event like no other. From the opening of the games, I believed I was not only a volunteer but an ambassador for my country. I was engulfed by an overwhelming sense of pride."



Frequently Asked Questions

What happens to the mobility allowance under NDIS?

The mobility allowance once you have an approved plan will change to transport funding from the NDIS

The types of supports that the NDIS may fund for people with disability include:

- * daily personal activities
- * transport to be active in the community
- * economic and daily life activities
- * help to gain or keep employment
- * therapeutic supports including behaviour support
- * help at home
- * aids or equipment assessment,
- * set up and training home modification design and installation mobility equipment
- * car modifications

How do I find more info?

www.ndis.gov.au has further information on the NDIS. Sign up for the NDIS e newsletter or call the NDIS Hotline on 1800 800 110.

Sign up to the Queensland NDIS e-blast www.qld.gov.au/disability or call 13 QGOV (13 74 68) for information about current services for Queenslanders with disability.

- follow on Twitter @NDIS and @disabilityQLD
- for people with hearing or speech loss TTY 1800 555 677
- speak and listen 1800 555 727
- for people who need help with English TIS 131 450

Having problems with the NDIS /NDIA?

Are you unhappy with your NDIS package? Are you upset or unhappy with a decision that the NDIA has made? Such as not qualifying or being assessed as not needing a particular support?

Do you have a complaint about the NDIA? Have you been told that your family or support people aren't allowed to be with you when you talk the NDIA?

ADA Australia's Guardianship Advocate Lindy is a referral contact for members of ATSIDNQ.

Contact Lindy:

Lindy.harland@adaaustralia.com.au or call 1800 818 338 and she can refer you to a service that will help you with any issues.



NDIS Calendar of events

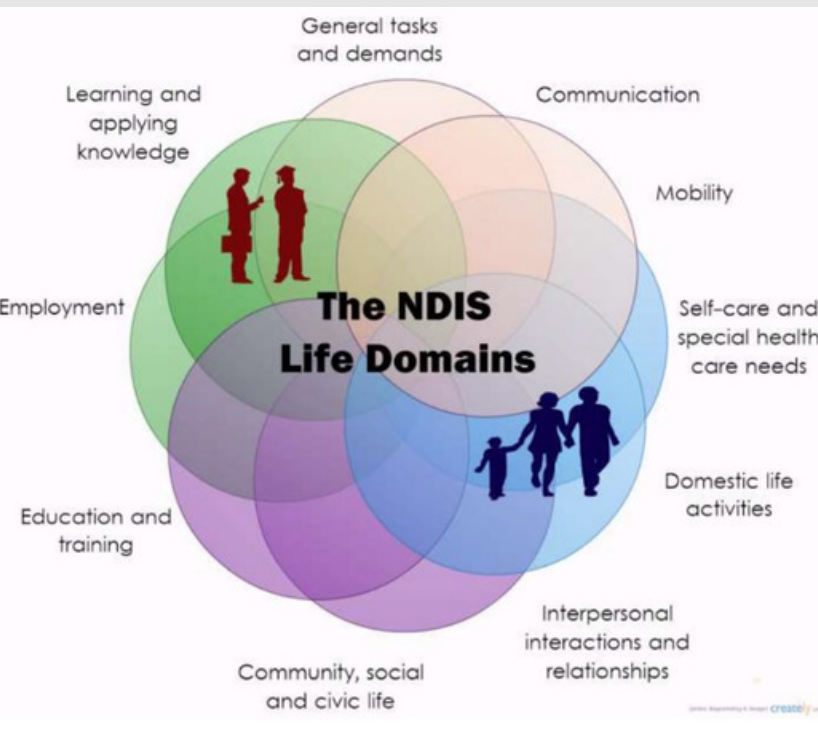
JANUARY and FEBRUARY

The calendar for upcoming events will be updated over the New Year online. To check out events go to:

www.communities.qld.gov.au/gateway/reform-renewal/disability-services/national-disability-insurance-scheme-queensland/ndis-events-calendar

NDIS – pre-planning tips

- #1 The 8 Life Domains that the NDIS look at when Planning.
- #2 Always keep copies of documents that you send to the NDIS
- #3 Have a support person with you and your loved one
- #4 Remember this is about you or your loved one you are the expert in what will work



NDIS – Have you Say

We're keen to hear about member's experience with the NDIS for those who've already transitioned in the Townsville area. In particular, your feedback from the following questions:

Did you feel prepared for the introduction of the NDIS in your area?

How could preparation be improved?

How did you find the sign up process?

How could the sign up process be improved?

Are you happy with the plan you received?

How could your plan be improved?

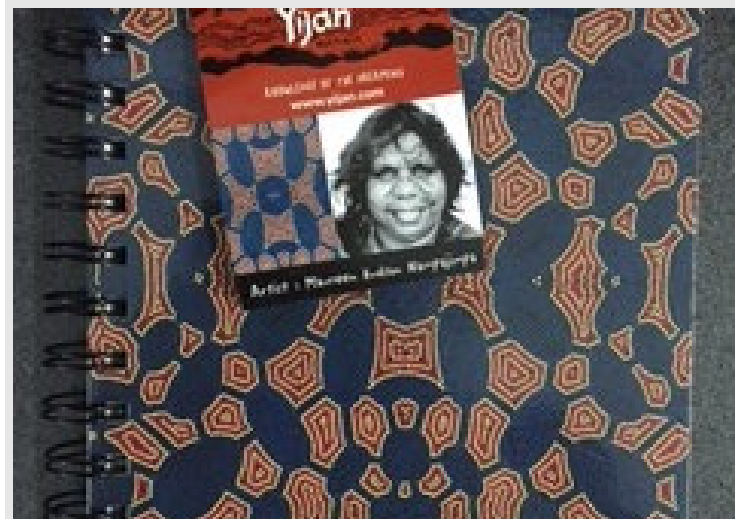
Has your experience with NDIS so far been culturally appropriate?

How could the NDIS experience for Aboriginal and Torres Strait Islander people in your community be improved?

Did you feel prepared for the introduction of the NDIS in your area?

If you have any responses for one or more of these questions above, please contact us at info@atsidnq.com.au

Members contributions will help inform the Networks comments for submissions on behalf of members. A prize draw will be held for all members who contact us about this feedback. You could win a Yijan art Journal seen here.





Happy HOLIDAYS

From the team
at ATSIDNQ

The Office will be closed from the 23rd Dec 2016 to 3rd Jan 2017

Christmas recipe

Easy Fruit Cake

3 cups of any liquid (We use pineapple Juice)
3 cups Self Raising flour
450-500Grams mixed fruit

Method

Soak fruit overnight in liquid
Next day add flour
Mix thoroughly place into cake tin (I made muffins)
Bake in moderate oven 180 for an hour
Test with skewer.



The Aboriginal and Torres Strait Islander Disability Network of Queensland acknowledge the traditional custodians of the lands in which we work and honour the elders past, present and future