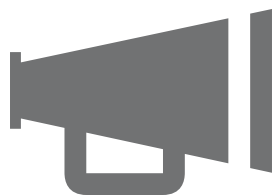


ATSIDNQ

Aboriginal and Torres Strait Islander
Disability Network of Queensland

Edition 14 - October 2017



Smile + say DEADLY!

**Some of the mob at our Disability Action Week
'Sporting and Careers Expo'**

What's new?

A lot! We welcome a new Project Officer, Bronwyn Clark to the Network.

We held a Sporting and Career Expo for members and the public for Disability Action week in Mackay and have heaps of photos. Check them out, you might be in there or know someone.

In this edition, we yarn to member Kymberley with her adorable bub Jacinta and we look at the NDIS and how it is tracking one year since the roll out began in Queensland.

There are also lots of NDIS information sessions outlined for you, so check out the ones in your area.

Aboriginal and Torres Strait Islander people are warned this document may contain the images and names of people now deceased.

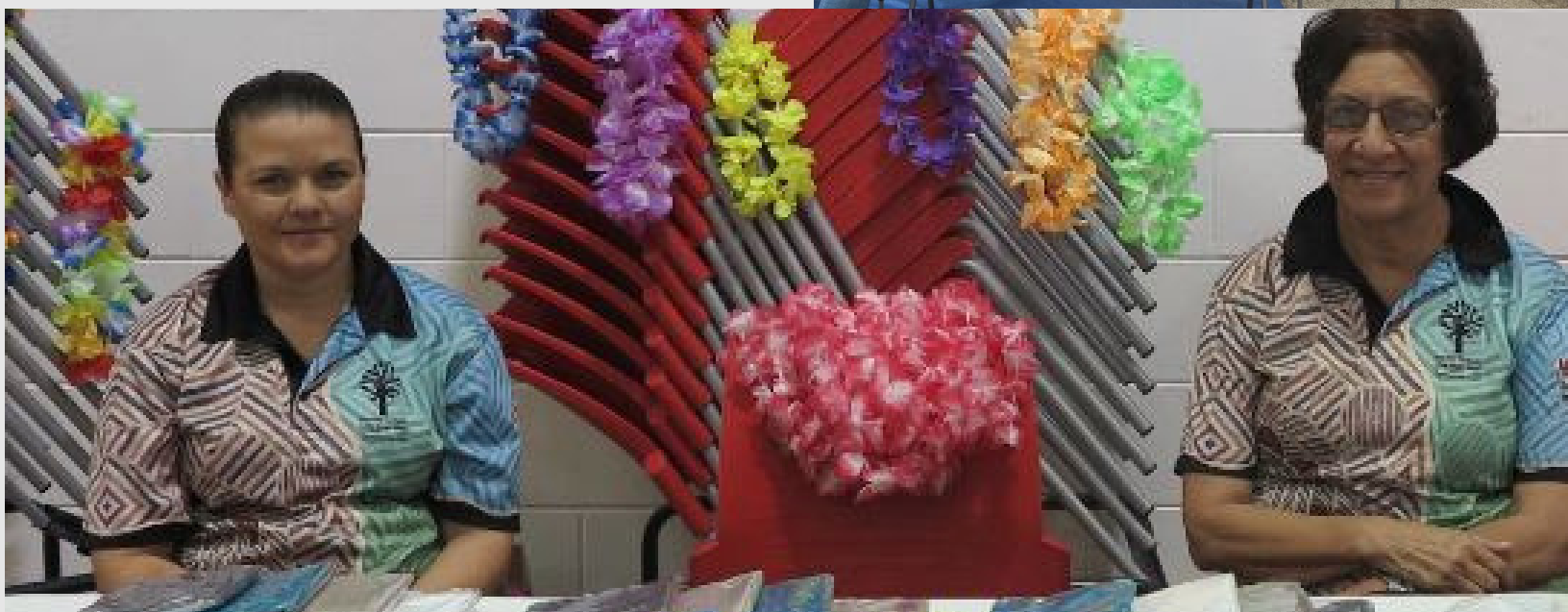
In the Community

To celebrate Disability action week the Network held a mini sporting and career expo in Mackay for our members and the public.

Thank you to those who came and the fantastic stall holders. Many thanks to the Department of Communities, Child Safety and Disability Services for the Disability Action week grant to host this event, and to the Mackay PCYC for their generous donation for the use of their hall.

Our member Gay and Network Champion Uncle Ted have been helping support some local events in Maryborough. Semah our Network Champion has also been representing the Network at NDIS workforce consultations.

Our very own Network Champion, Uncle Willie Prince featured in the new State Disability Plan, check out his pic below!







ATSIDNQ

For Aboriginal and Torres Strait Islander people with disability, their family and carers.

Phone: 1800 718 969
www.atsidnq.com.au
info@atsidnq.com.au

Next ATSIDNQ Yarning Groups

Brisbane North: 28 November 2017, Zillmere Hall, 10am - 11.30am, 52 Murphy Rd Zillmere
 All members and interested people welcome!

Mackay, Maryborough, Bundaberg and Brisbane South yarning events currently in planning. If you're interested in being involved please email us at info@atsidnq.com.au or phone 1800 718 969.

ATSIDNQ Network events are updated on our website www.atsidnq.com.au/news-events

Do you have a group of ATSIDNQ members, or potential members in your area who are interested in forming a local yarning group with ATSIDNQ Network support? We would love to hear from you, please contact Bronwyn on 1800 718 969.



New Face on the Block

Hi, my name is Bronwyn Clark and I am the new ATSIDNQ Project Officer responsible for overseeing the Network and its activities.

I live in North Brisbane, but was born in Roma and lived there until I was 10 years old when I moved to Toowoomba.

My family name is Hearne and my mob are the Barunggam tribe from around Chinchilla. My great grandmother's side was from the Warner family and I have many valued community connections in South East Qld.

I have 10 years' experience working in community services sector (non-government) in the disability sector, youth services, residential youth support, cultural support work, family support, intensive family support and Aboriginal and Torres Strait Islander support services.

My passion is family and community and ensuring that our mob have the same opportunities as everyone else. In my down time I love fishing, camping and travel and love to visit home as well.

I really hope to bring to the Network the ability to share my knowledge, and learn new things from our members, to offer support and get better outcomes for our mob. I look forward to connecting with you all.

Give me call if you have ideas for the Network or would like a yarn. Network phone line: 1800 718 969.



Kymberley's Story

Hi, I'm Kymberley. I was born in Mackay hospital. I lived in New Zealand for three years and it was there that I sustained a brain injury when I was hit by a car.

I moved back to Mackay and then my daughter Jacinta was born.

Not long after this I was diagnosed with Grave's disease. It's been really hard to cope, but with my supports slowly coming together life is becoming easier.

I am a little shy to have my photo taken so instead here is a pic of my daughter Jacinta.



Young Carers

Are you an Indigenous Young Carer?

Do you look after
someone who has

- long term illness?
- disability?
- mental health issues?



Photo Credit: Carers Australia

In Australia there are about 60,000 young carers under the age of 15, but anyone under 25 is considered a 'young carer'.

What do Young Carers Do?

Every carers situation is different. They may do things like shopping, cooking, cleaning, paying bills, helping with showering or medications or offering emotional support.

If you are young carer and are at school and you need help with things like respite (taking a break), help at home, help to get to sport or other activities, tutoring or time to study, then there may be help available.

The Commonwealth Respite and Carerlink Centre can talk to you and your family about how they may be able to help. Phone: 1800 052 222

There is also a Carers Association in Qld that can help carers with advice, someone to talk to or assistance with getting support. Call 1800 242 636.

The young carers website and Facebook page also has information which may assist.

Commonwealth
Respite and
Carerlink Centre

1800 052 222*

Carers Association

1800 242 636*

www.youngcarers.net.au

Did You Know?

The Mipla Binna hearing loss website guides families through the hearing loss journey from the first stages – audiology and other medical appointments, to the options for hearing aids and early intervention services.

Learn more about the different therapy options available to children with hearing loss and when the services might be suitable.

Families can watch interviews from parents and family members speaking about their experience with hearing loss.

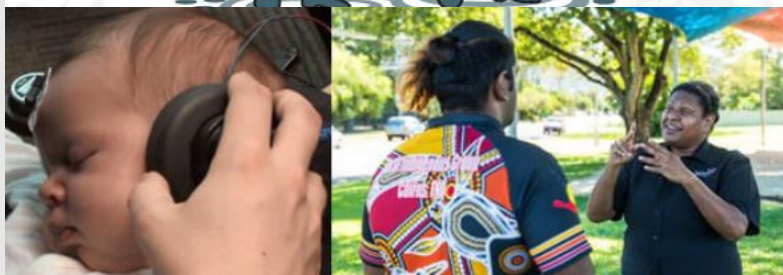
You can also listen to health professionals speaking about various medical appointments and what to expect when planning for a child's healthcare journey.

To visit Mipla Binna go to www.childrens.health.qld.gov.au/miplbinna

Mipla Binna

Families learning and sharing their hearing loss journey

Mipla Binna – Our Ears website is a resource to help families learn about permanent hearing loss. Mipla Binna has information to help families plan early intervention options for their child.



Online Map

There's a new interactive online resource depicting Aboriginal groups around Australia.

While we recognise these may not be completely accurate it can be a handy resource.

<https://aiatsis.gov.au/explore/articles/aiatsis-map-indigenous-australia>

Braille House library

The library has many existing titles that are now also available as brf (braille files) or ebooks. They have a long list of adult books, junior fiction and picture books that are available.

A full list can be found by searching ebook as a keyword in their catalogue which can be found here: <http://bookmark.central.sa.edu.au/bhwa.htm>

Free app connecting people with visual impairment

There is a free app connecting people who have a visual impairment with a sighted volunteer via a video call.

For example, if someone needs help knowing the difference between two cans of food, or finding a pill they've dropped on the floor, they can press a button and be connected with a volunteer who can assist.

A volunteer is usually sourced within 45 seconds and the call begins immediately.

To find out more about how to download the app on your device and use the product, check out: <http://bemyeyes.com/what-is-bemy-eyes/>.

NDIS First Year Overview

Here's a little snap shot of the NDIS so far in Qld as reported by a recent industry briefing in Brisbane.

- 9.5% of NDIS participants in Qld identify as being Aboriginal or Torres Strait Islander. Other states average around 5%. The 9.5 % is still not reflecting the number of Aboriginal and Torres Strait Islander people who would be eligible to receive support in Qld. **We need to keep encouraging our mob to apply!**
- The number of participants entering the NDIS scheme is lower than estimated.
- Currently, 75% of NDIS participants have been old clients of disability services and only 25% of new people have entered the scheme so far.
- Existing disability clients have been quicker to enter the scheme and new participants are coming in slower than expected.
- 40% of all NDIS participants currently are children or young people aged 0-18 years.
- The primary disabilities that current Qld NDIS participants are experiencing are intellectual disability (35%) or Autism (25%), or psychosocial disability (7.5%). There are also many other types of disability that are covered by the NDIS.

NDIS & Assistive Technology

Many people with disability will receive their disability supports, including aids, equipment and assistive technologies from the NDIS.

Under the NDIS, this is collectively called assistive technology. NDIS participants can have a choice in their assistive technology, and source it from suppliers they choose.

When discussing your NDIS plan, remember to include repairs and maintenance for any aids and equipment you use.

More information is available on the NDIS website. www.ndis.gov.au



Get Ready Rockhampton and Gladstone!

If you're an existing user of Disability Services in Rockhampton, the NDIS starts on 1 Nov 2017.

The rest of the rollout for Rockhampton and Gladstone and west to the borders will occur in Jan 2018. This includes the local government areas Banana, Baraldine, Barcoo, Blackall, Tambo, Central Highlands, Diamantina, Gladstone, Livingstone, Longreach, Rockhampton and Woorabinda.

If you're in these areas you will need to start your planning journey.

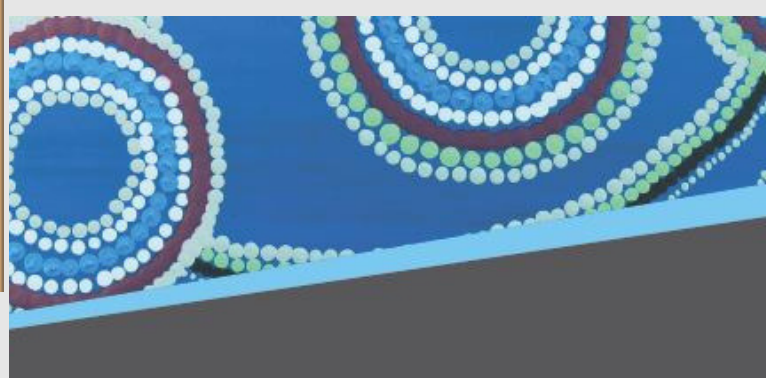
The Rockhampton Local Area Co-ordination (LAC) Services for the NDIS (Partners in Community) are:

Carers Queensland who will offer the general LAC support, phone: 1800 242 636

www.carersqld.asn.au and

BUSHKIDS who will offer LAC support for Early Childhood Early Intervention (ECEI) services, phone: 3870 7288

www.bushkids.org.au



Will I be better off under the NDIS?

NDIS is designed so there will be "no disadvantage" for people with a disability when transferring to the new scheme. This relates to the overall outcome for the person, not the amount of support or funding they will receive.

The amount of monetary funding you may receive might be the the same, more or in some special cases less than you currently receive, but you should not be worse off, or experience disadvantage.

For example: A person may purchase a piece of equipment with their NDIS funding that makes it easy for them to get into the bath by themselves. They then might not need as much money to cover workers to help them with this task.

Who can manage my NDIS plan and funding?

There are three options for managing plans and funding. A participant may choose one option or a mixture of any options.

1. **Self-management** - The participant can choose to manage the financial and administrative aspects of their plan and funding.
2. **Plan management provider** - The participant can engage a business or organisation to manage their funding on their behalf (e.g. paying suppliers, service agreements with providers, hiring and paying staff, funding reports)
3. **NDIA** - The government body that manages the NDIS can also help manage the funding for the individual participants.

Where can I get 'Easy English' info about the NDIS?

<https://www.ndis.gov.au/people-disability/fact-sheets-and-publications>

Synapse NDIS Readiness

Our National Disability Insurance Scheme (NDIS) readiness activities prepare people with disability, their families and carers to join the NDIS.

The NDIS takes a lifetime approach, investing in people with disability to improve their outcomes in life. The NDIS:

- is about empowering individuals
- is the new way of providing support for people with disability, and their carers in Australia
- will provide all Australians under the age of 65 with a permanent and significant disability with the reasonable and necessary supports they need to live their life and achieve their goals
- may include greater independence, community involvement, employment and well-being
- may also include personal care and support, access to culture and the community, therapy services and essential equipment.
- includes early intervention for children with developmental delay or disability, (aged 0 to 6).

Our 'Yarn Ups' aim to assist individuals with disability, their families and communities to develop an understanding of what NDIS is responsible for and how to actively participate in the scheme.

We utilise community development processes that support community NDIS action groups and focus on individual community needs. Yarn with us to see how we can work together.

Call us to find out how we can help you

1800 673 074

info@synapse.org.au

synapse.org.au

Artist: Semah Mokak-Wischki

NDIS Information Sessions

Specific information sessions for Aboriginal and Torres Strait Islander people can be requested from Synapse as outlined in the ad on the previous page. There are also a range of other sessions. For a sneak peak as to what's in your area see the below list.

Upper Coomera: 1 Nov 11.30am-1.30pm, 90 Reserve Rd Upper Coomera

Mareeba: 2 Nov 10am-12.30pm, Mareeba Leagues Club, Doyle St Mareeba

Redcliffe: 4 Nov 10am –12pm, Redcliffe Cultural Centre, Down St Redcliffe

Zillmere (Intellectual Disability Focus): 6 Nov 12.30pm-3pm, Zillmere Community Centre

Beenleigh: 9 Nov, 9.15am-11.45am, Beenleigh Events Centre, Kent St Beenleigh

Manunda: 9 Nov 10am-2pm, Manunda Library Raintree shopping centre, Manunda

Chermside: 10 Nov 9.15am-11.45am, Kedron Wavell Services Club, Kittyhawk Dr Chermside

Upper Mount Gravatt: 11 Nov 9.30am-12pm Mount Gravatt Bowls Club, 1873 Logan Rd Mount Gravatt

Thornlands: 13 Nov 12pm-2pm, 89 Redland Bay Rd Thornlands

Palm Beach (Mental Illness Focus): 13 Nov 1pm–3pm, or 11 Dec 1pm–3pm, MI Hub Palm Beach, 1/19 Fifth Ave Palm Beach

Cleveland: 9.15am-11.45am, Redlands RSL, 8 Passage St Cleveland.

Woombye: 15 Nov 10am-12pm Woombye Bowls Club 5 Hill St Woombye

Herston (Mental Illness Focus): 16 Nov 10am–12pm or 4 Dec 12.30pm– 2.30pm MIFQ MI Hub, 298 Gilchrist Ave Herston

Caloundra: 20 Nov 9.30am – 12.30pm, Caloundra Community Centre, 58a Queen Street Caloundra.

Maryborough: 20 Nov 10am-1pm Fraser Coast Family Networks, 115 Adelaide St Maryborough.

Eagleby: 21 Nov 1pm-3pm, Eagleby Community Centre, 8 Cowper Ave Eagleby

Robina: 23 Nov 2.30pm-4.30pm, Robina Community Centre, 196 Robina Town Centre Dr Robina

Southport (Mental Illness Focus): 22 Nov 1pm-3pm or 20 Dec 1pm–3pm, MI Hub Southport, 10 Mick Veivers Way Southport.

Capalaba: 27 Nov 10am-12pm, Capalaba Place Hall, 14 Noeleen St Capalaba.

Bethania: 29 Nov 3pm-5pm, Bethania Community Centre, 88 Station Rd Bethania

Robina: 30 Nov 9.15am-11.45am, The Glades Golf Club, 1 Glades Dr Robina

Manly West: 7 Dec 9.15am –11.45am, Wynnum Manly Leagues Club, 92 Wondall Rd Manly West

For more information, or to register for any of these events go to the web and search NDIS Events Calendar Queensland and select your event.

Tech Conference



What: Brisbane Technology Conference for people with disability and their families, Carers, disability service providers, service providers and businesses.

When: 9 and 10 November, 9am – 3pm

Cost: \$60 a day for person with a disability plus carer registration. Entry is free for the trade display and the Planning for Assistive Technology in NDIS Participant Plans talk.

Venue: Royal International Convention Centre, Gregory Terrace Bowen Hills. Venue has wheelchair access without assistance. (Bookings required) For info contact Stephen Hales Phone: 07 3136 3526 or Email: ATQConference@health.qld.gov.au www.health.qld.gov.au/mass/ATQ2017